

Perfect Food® Super Green Formula has more greens per serving than other green food supplement formulas. Made with vegetable, sprout and organic cereal grass ingredients, **Perfect Food®** provides your body the nutritional benefits of multiple servings of fruit and vegetables every day. **Perfect Food® Super Green Formula** supplement contains 10 probiotic strains to support digestive health, and spirulina to support healthy immune function.[†] An excellent source of natural vitamin A in the form of beta-carotene and natural vitamin C, **Perfect Food®** is great for those who are unable to eat enough green foods. Select ingredients are produced through the Garden of Life proprietary Poten-Zyme® fermentation process to make the nutrients more available to the body.

Suggested Use: Adults take 5 caplets 1 (or more) times per day with 8 ounces of water or juice. Start with 1-2 caplets daily and gradually work up to 5 caplets per day. May be taken with or without food. Not intended for children.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Store in a cool, dry place. Do not use if safety seal is broken or missing. **Keep out of reach of children.**

Contains no apple fiber, rice flour, artificial colors or preservatives. This product is made with natural ingredients, therefore color may vary from lot to lot.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Distributed by **Garden of Life LLC**
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Made in the U.S.A. www.gardenoflife.com



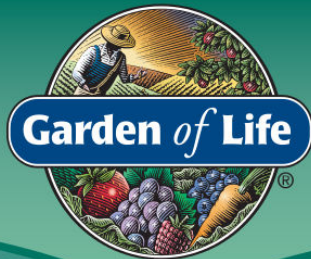
We Buy 100% Certified
Renewable Energy



Recyclable
Bottle



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Perfect Food®

Super Green Formula

45 Phytonutrient-Dense Superfoods[†]

12 Sprouted Ingredients

Fermented Whole Food Ingredients

10 Probiotic Strains

Vegetarian

300 Vegetarian Caplets

Whole Food Dietary Supplement

Supplement Facts

Serving Size 5 Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 3 g	1% [†]
Dietary Fiber 1 g	6% [†]
Protein 1 g	2% [†]
Vitamin A (as beta-carotene) 2,500 IU	50%
Vitamin C 60 mg	100%
Calcium 60 mg	6%
Iron 3 mg	17%

Poten-Zyme® Whole Food Matrix 2.25 g +
Barley Grass*, Oat Grass*, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Buckwheat Sprout*, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout, Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*

Perfect Green Juice Blend 2 g +
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*

Perfect Protein-Mineral Blend 650 mg +
Spirulina, Chlorella, Calcified Red Algae, Kelp

Acerola Cherry Extract (Fruit) 350 mg +
Perfect Veggie Juice Blend 250 mg +

Alfalfa* (Sprout), Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber* (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery* (Stalk), Cauliflower* (Flower & Stem), Green Bell Pepper* (Fruit), Asparagus* (Flower & Stem), Brussels Sprout* (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)

Probiotic Blend 7 mg +
Lactobacillus plantarum, *Bifidobacterium longum*, *Bifidobacterium lactis*, *Bifidobacterium bifidum*, *Lactobacillus rhamnosus*, *Bifidobacterium breve*, *Lactobacillus paracasei*, *Lactobacillus casei*, *Lactobacillus salivarius*, *Lactobacillus acidophilus*

[†] Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

Other ingredients: Cellulose, sodium croscarmellose, magnesium stearate (vegetable source), rice maltodextrin, silica, vegetable coating.

Probiotics are cultured in dairy which is generally consumed during the fermentation process.
*Organic