

Vitamin D is a fat-soluble vitamin that is required to promote calcium absorption, which helps to maintain healthy bones and teeth.* Vitamin D also supports a healthy immune system and neuromuscular function.* The Vitamin D3 in this product is the same form produced by the body when our skin is exposed to sunlight. As we age, our bodies may absorb this important nutrient less efficiently.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com
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SOLGB54956 01A



VITAMIN D 3

1000 IU

CHEWABLE TABLETS

SUPPORTS A HEALTHY IMMUNE SYSTEM*

NATURAL STRAWBERRY BANANA SWIRL FLAVOR

GLUTEN, WHEAT & DAIRY FREE



100 CHEWABLE TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV for Children 2 and 3 Years of Age	%DV for Adults and Children 4 Years and Older
Vitamin D 1000 IU (as D3 cholecalciferol)	250%	250%

DV = Daily Value

Other Ingredients: Sucrose, Fructose, Xylitol, Microcrystalline Cellulose, Natural Flavors, Vegetable Stearic Acid, Malic Acid, Silica, Citric Acid, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sodium, Artificial Flavor, Preservatives and Color.

SUGGESTED USE: Adults and children 2 years of age and up, chew one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner. Chew tablets thoroughly.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. **THIS PRODUCT REQUIRES ADULT SUPERVISION AND IS NOT TO BE DISPENSED BY CHILDREN.** Store at room temperature. Do not use if outer bottle seal is missing or damaged.

KEEP OUT OF REACH OF CHILDREN.

Solgar's KOF-K certification #K-1250

