

Fat Reduction Diet

Garcinia cambogia is a small, sweet and exotic fruit that has been used for centuries in traditional Asian diets. Although it was historically prized for its digestive health benefits, new research suggests that Garcinia can be an excellent weight loss aid.*

How Does Garcinia Work?

Garcinia supplies a unique compound called HCA (hydroxycitric acid) that targets fat production in the body.* Emerging research demonstrates that HCA inhibits a portion of the body's citrate lyase (an enzyme responsible for converting carbohydrates into body fat).*

What Makes This Product Unique?

Garcinia HCA Fat Reduction Diet* includes a super-concentrated Garcinia extract that is standardized to 50% HCA. This guarantees 1200 mg of HCA per daily serving, which appears to be a critical threshold level for efficacy. When used in conjunction with exercise and a sensible diet, this product supports healthy weight management.*

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. *Advanced Liquid Soft-Gels provide an optimum delivery system.*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quality Assurance - Irwin Naturals* is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.



Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.



Patented BioPerine® - BioPerine® enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

QUESTIONS: Call Consumer Affairs 1-800-297-3273
Weekdays 8:00 AM to 5:00 PM (PST)
Questions@IrwinNaturals.com

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**BioPerine®
ENHANCED
ABSORPTION!**



Garcinia HCA Fat Reduction Diet*



**Standardized Pure Extract
that Targets Fat Production and
Carb Conversion in the Body***

90 LIQUID SOFT-GELS
DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTION: Take three (3) Liquid Soft-Gels twice daily, 30 minutes before mealtime.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels
Servings per Container: 30

	Amount per Serving	% Daily Value
Garcinia (Garcinia cambogia) extract (50% HCA)(fruit)	1200 mg	†
BioPerine Complex BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)	3 mg	†

†Daily Value not established

Other Ingredients: Flaxseed oil, gelatin, purified water, glycerin, soy lecithin, beeswax, annatto, silicon dioxide, titanium dioxide, St. John's bread and turmeric.

Contains: Soy

® BioPERINE® is a registered trademark of Sabinsa Corporation.

No preservatives added.

DISTRIBUTED, FORMULATED AND QUALITY TESTED by:
Irwin Naturals* 5310 Beethoven Street, Los Angeles, CA 90066
www.IrwinNaturals.com

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