

**SUGGESTED USE:** As a dietary supplement, take one (1) capsule once a day before meals, or as directed by a healthcare professional.

## Supplement Facts

Serving Size: One (1) Capsule  
Servings Per Container: 30

	Amount Per Serving:	%DV
Proprietary Blend	25 Billion CFU's †	
<i>Bifidobacterium lactis</i> (HA-194), <i>Bifidobacterium longum</i> (HA-135), <i>Lactobacillus acidophilus</i> (HA-122), <i>Lactobacillus paracasei</i> (HA-196), <i>Lactobacillus plantarum</i> (HA-1119), <i>Lactobacillus rhamnosus</i> (HA-1111)		
Fructooligosaccharides	55 mg	†

† Daily Value (DV) not established.

**Other Ingredients:** Vegetarian Capsule (HPMC), Maltodextrin, Stearic Acid, and Silicon Dioxide.



**CAUTION:** If you are pregnant or nursing, have a medical condition, or are taking medication, consult your healthcare professional before using this or any other nutritional supplement. Discontinue use if allergic reaction occurs.

Olympian Labs, Inc. products are made with the highest quality ingredients and manufactured according to current Good Manufacturing Practices (cGMP).

KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.

**MADE IN USA** • Manufactured for Olympian Labs, Inc.  
Phoenix, AZ 85027 • 1.800.473.5883 • [www.OlympianLabs.com](http://www.OlympianLabs.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### LEAN & HEALTHY

For those with on-the-go lifestyles and a desire to maintain a balanced diet, Lean & Healthy has become the ideal choice for achieving holistic balance. We offer supplements that are vegan-friendly and sourced from all natural ingredients. Our specialized powders are formulated with high-quality ingredients—and taste great too!

### TRY OTHER LEAN & HEALTHY PRODUCTS



Greens 8 in 1,  
Ultimate Greens, Sea  
Nourishment, Vanilla  
Pea Protein and  
Chocolate Pea Protein

**OL**  
OLYMPIAN LABS, INC.

# Lean & Healthy

## COMPLETE PREBIOTIC & PROBIOTIC

Restore your Intestinal Health\*



# 25 BILLION

## Live & Shelf Stable Cultures

- Helps to Restore the Natural Balance of Good Bacteria Within the Digestive Tract\*
- 6 Beneficial Probiotic Strains

DIETARY SUPPLEMENT

30 VEGETARIAN CAPSULES • 30 SERVINGS PER CONTAINER



### COMPLETE PREBIOTIC & PROBIOTIC

offers the live bacteria of a probiotic combined with the bacterial energy sourcing of a prebiotic to help deliver optimal digestive health.\* Probiotics are a type of "good" bacteria in the intestinal tract that aid in digestion and immune functions. Probiotics may help with inflammation, and boosting immunity.\*

Prebiotics are non-digestible components of our diet that are fermented in the colon increasing the growth of "good" bacteria.\*

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