

Product Label

Numerous studies show that many people are not getting the recommended daily requirement of this important vitamin. Vitamin K-1 (as phytonadione), converts osteocalcin, which is a bone protein important for keeping calcium within the bone.

Directions

As a dietary supplement, take one (1) tablet daily, preferably with a meal.

Warning

KEEP OUT OF REACH OF CHILDREN.

Does Not Contain:

Yeast, Corn, Wheat, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors Added.

Vitamin K-1 Supplement Facts

Supplement Facts

Serving Size 1 TABLET**Servings Per Container** 100

	Amount	%
	Per Daily	Daily
	Serving	Value
Vitamin K(As Phytonadione)	100 Mcg	125%

* Daily value not established

Other Ingredients:

Microcrystalline cellulose, dicalcium phosphate, stearic acid, magnesium stearic acid, magesium stearate, croscarmellose sodium.

