

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

[†] When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings for individual ingredients.



Please read entire label before use.
SUGGESTED USE: Mix thoroughly in 5 to 6 ounces of ice cold water and drink immediately after workout or strenuous activity. May also be taken anytime to promote recovery and help build strong muscles.[†] For optimal results, use in conjunction with a proper diet and always consult with a physician prior to beginning a training regimen.

WHEY HD™ IS AN ULTRA-PREMIUM MUSCLE BUILDING PROTEIN POWDER.
 This protein formula features multiple quality whey proteins resulting in a nutritious and multi-functional protein supplement that ensures a superior bio-available protein source for athlete muscle. **WHEY HD™** includes a unique enzyme formulation to support the digestion of protein, and delivers 5 grams of branched chain amino acids per serving to counter muscle protein breakdown. As any athlete and active individual knows, high-quality protein is essential for building and maintaining lean muscle mass.[†]

WAYS TO MIX

SHAKE
 ADD 1 SCOOP TO YOUR SHAKER. CLOSE AND SHAKE FOR 30 SECONDS.

BLEND
 ADD 1 SCOOP TO BLENDER. BLEND FOR 20 SECONDS, ADD ICE AND BLEND FOR 20 EXTRA SECONDS.

STIR
 ADD 1 SCOOP TO LARGE GLASS. STIR FOR 20-30 SECONDS OR UNTIL THE POWDER IS COMPLETELY DISSOLVED.

BEPOWERFUL®

WHEY HD™
 ULTRA PREMIUM WHEY PROTEIN POWDER

25G PROTEIN PER SCOOP

DIETARY SUPPLEMENT
 NET WT. 2.0 LBS (907 GRAMS)

ZERO MALTODEXTRIN! • ZERO FILLERS!

MILK AND COOKIES
 NATURAL AND ARTIFICIAL FLAVORS

TO BE USED IN CONJUNCTION WITH:

- STRENGTH / MUSCLE BUILDING PROGRAMS[†]
- NUTRITION / WEIGHT LOSS PROGRAMS[†]

25G PROTEIN PER SCOOP

25 SERVINGS

Supplement Facts		
Serving Size 1 Scoop (37 grams)		
Servings Per Container Approx. 25		
Amount Per Serving	% Daily Value	
Calories	150	
Calories from Fat	25	
Total Fat	3 g	5% [†]
Saturated Fat	2 g	10% [†]
Cholesterol	95 mg	32% [†]
Total Carbohydrate	4 g	1% [†]
Dietary Fiber	0 g	0% [†]
Sugars	3 g	**
Protein	25 g	50% [†]
Calcium	300 mg	30% [†]
Sodium	80 mg	3% [†]

Other Ingredients: Muscle building protein blend (whey protein concentrate, milk protein concentrate, whey protein isolate, milk protein isolate) natural and artificial flavor, cookie fines (enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), vegetable oil (soybean, palm and palm kernel oil with TBHQ for freshness), cocoa treated with alkali, contains two percent or less of high fructose corn syrup, degerminated yellow corn flour, chocolate, dextrose, baking soda, whey, soy lecithin), cellulose gum, xanthan gum, carrageenan, silicon dioxide, lecithin (from soy and/or sunflower), sucralose, acesulfame potassium, glycerol monostearate, and ProHydrolase® (proprietary/patented enzyme blend).

Contain(s): Milk, wheat and soy.
 MANUFACTURED IN A FACILITY THAT ALSO PROCESS-ES PEANUTS, FISH, EGG, AND TREE NUTS.



ChromaDex, Inc. verifies cGMP compliance to confirm that this product meets specification for Protein, Identity, Residual Solvents, Heavy Metals and Microbiols.

OUR COMMITMENT:
 "YOU CAN REST ASSURED THAT WHAT IS IN THE BOTTLE MATCHES WHAT IS ON THE LABEL."

At BPI Sports we are committed to bringing you the best tasting and highest quality proteins - using only the finest ingredients, and the most precise manufacturing standards.

This, and every bottle of **WHEY HD™** was made from a natural, cold temperature, micro-filtration process, resulting in a finished product that is extremely high in protein, while retaining the important micronutrients.

Before our proteins ever leave the factory they are tested in the laboratory for accurate amounts of protein and consistency in quality. The final step is verification and a seal from ChromaDex®, an independent 3rd party laboratory, and one of the most respected names in Sports Nutrition, just to be absolutely certain that it meets the BPI Standard of Quality.

WANT TO SEE EXACTLY WHERE AND HOW THIS PROTEIN WAS MADE?

Watch the video at:
www.bpisports.com/protein



Manufactured for and Distributed By:
 BPI Sports, 3149 SW 42nd St, Suite 300 - Hollywood, FL 33012.
 To report an adverse event or for more information call: (855) 525-0000 (toll free)
WWW.BPISPORTS.COM
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