

Taurine, one of the most abundant amino acids in the body, is a simple, sulfur-containing compound. It plays a variety of roles in helping the normal function of the brain, eyes, heart and vascular system. It supports heart muscle contractility, stabilizes eye membranes, and has white blood cell antioxidant activity. This formulation offers Free Form Taurine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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TAURINE 500 MG

ANTIOXIDANT*
NEURO & CARDIO SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



100 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Taurine	500 mg**
(Free Form)	

**Daily Value not established

Other Ingredients: Vegetable Cellulose,
Microcrystalline Cellulose, Vegetable
Stearic Acid.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule up to four times daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

