

MAX POTENCY ALIVE![®]
BALANCED FOR ADULTS

- Maximized levels of vitamins, minerals, antioxidants and food-based nutrients
- High potency B-vitamins for energy*
- Extra cardiovascular support with CoQ10 and hawthorn*
- 1,000 IU of Vitamin D
- Plus antioxidants, açai and pomegranate

25 Vitamins & Minerals

26 Fruits & Veggies

18 Amino Acids

12 Digestive Enzymes

12 Mushrooms (Organic)

14 Green Foods

40+ Antioxidant Sources

WHOLE BODY NOURISHMENT
with essential nutrients that help support healthy bones, eyes, heart, colon, daily energy and immune defense*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SATISFACTION GUARANTEED. Safety sealed for your protection with printed outer shrinkwrap and printed inner freshness seal under bottle cap. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed. **Keep out of reach of children.**

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Made in USA

Questions?
Call 1-800-9NATURE or
visit www.naturesway.com



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NO ADDED
IRON



Alive![®]

Whole Food
Energizer[™]

Multi-Vitamin
MAX POTENCY

VITAMINS • MINERALS • 26 FRUITS/VEGETABLES
Green Foods • Enzymes • Mushrooms • Lutein
Antioxidants • Amino Acids • Resveratrol

#1
MEGA
NUTRIENT

180 TABLETS • DIETARY SUPPLEMENT

Recommendation: Take 3 tablets daily, preferably with food. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Not formulated for children. Do not exceed recommended use.

Supplement Facts

Serving Size 3 Tablets / Servings Per Container 60

Amount Per Serving	% DV
Calories.....	15
Total Carbohydrate.....	3 g..... 1%†
Dietary Fiber.....	<1 g..... 3%
Protein.....	<1 g..... 1.5%
Vitamin A (33% [5,000 IU] as retinyl.....	15,000 IU..... 300%
acetate and 67% [10,000 IU] as beta carotene)	
Vitamin C (ascorbic acid).....	1,000 mg..... 1,667%
Vitamin D (as cholecalciferol).....	1,000 IU..... 250%
Vitamin E (as d-alpha tocopheryl succinate).....	200 IU..... 667%
Vitamin K (as phytonadione).....	80 mcg..... 100%
Thiamin (as thiamin mononitrate).....	25 mg..... 1,667%
Riboflavin (Vitamin B2).....	25 mg..... 1,471%
Niacin (as niacinamide).....	125 mg..... 625%
Vitamin B6 (as pyridoxine HCl).....	50 mg..... 2,500%
pyridoxal 5-phosphate)	
Folic Acid.....	400 mcg..... 100%
Vitamin B12 (as cyanocobalamin).....	200 mcg..... 3,333%
Biotin.....	325 mcg..... 108%
Pantothenic Acid (as d-calcium.....	125 mg..... 1,250%
pantothenate)	
Calcium (as citrate/carbonate).....	250 mg..... 25%
Iodine (from kelp powder,.....	150 mcg..... 100%
as potassium iodide)	
Magnesium (as citrate/oxide).....	125 mg..... 31%
Zinc (as zinc gluconate).....	15 mg..... 100%
Selenium (as L-selenomethionine).....	200 mcg..... 286%
Copper (as amino acid chelate).....	2 mg..... 100%
Manganese (as amino acid chelate).....	5 mg..... 250%
Chromium (as chromium picolinate).....	250 mcg..... 208%
Molybdenum.....	75 mcg..... 100%
Sodium.....	15 mg..... 1%
Potassium (as amino acid chelate).....	50 mg..... 1%
Green Food/Spirulina Blend.....	400 mg..... **
Spirulina (microalgae); Alfalfa (leaf, stem); Barley Grass (grass); Dandelion (leaf); Wheat Grass (grass); Melissa (leaf); Lemon	

Amount Per Serving % DV

Grass (grass); Nettle (leaf); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Plantain (leaf); Blue Green Algae (microalgae); Cilantro (leaf); Kelp (whole thallus); providing amino acids: Glutamic acid, Aspartic acid, Arginine, Leucine, Lysine, Serine, Phenylalanine, Valine, Isoleucine, Alanine, Proline, Glycine, Threonine, Tyrosine, Histidine, Methionine, Cysteine, Tryptophan	
Cardiovascular Blend with Resveratrol.....	100 mg..... **
Hawthorn (berry); Japanese Knotweed standardized to 50% resveratrol; Coenzyme Q10 (ubiquinone)	
Orchard Fruits [™] Blend.....	100 mg..... **
Pomegranate (seed); Açai Extract (whole palm fruit); Juice Powders: Grape; Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Pineapple Garden Veggies [™] Juice Powder Blend.....	100 mg..... **
Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Aspar- agus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic	
Organic Mushroom Defense Blend.....	100 mg..... **
Cordyceps; Reishi; Shiitake; Hiratake; Maitake; Yama- bushitake; Himematsutake; Kawaratake; Chaga; Zhu Ling; Agarikon; Mesima	
Digestive Enzyme Blend: Concentrated.....	100 mg..... **
enzyme formula (Protease I, Protease II, Amylase, Peptidase, Lactase, Cellulase, Alpha Galactosidase, Invertase, Lipase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)	
Omega 3/6/9 Fatty Acid Seed Blend.....	100 mg..... **
Flax Seed Powder (dry, cold pressed); Sunflower Seed Powder (dry, cold pressed)	
Citrus Bioflavonoid Complex (from lemon,.....	60 mg..... **
orange, grapefruit, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Siberian Eleuthero (root).....	50 mg..... **
Inositol.....	50 mg..... **
Choline (as choline bitartrate).....	30 mg..... **
Rutin.....	25 mg..... **
Boron (as amino acid chelate).....	1 mg..... **
Lutein (from marigold).....	500 mcg..... **

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other ingredients: Vegetable cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin.
Contains no sugar, yeast, wheat grain, dairy products, artificial flavors, colors or preservatives.