

## VITAMIN CODE® HEALTHY BLOOD™

is whole food nutrition, providing the essential building blocks to support your blood health.†

23 organically grown fruits and vegetables plus 75 alkalizing trace minerals add supporting antioxidants, vitamins and nutrient cofactors.

- ▶ 28mg Whole Food Non-Binding Iron
- ▶ Vitamins C, B12 and Folate help your body properly absorb and utilize Iron†
- ▶ Anemia Support\*\*\*
- ▶ Increases Energy and Fights Fatigue†
- ▶ Live Probiotics and Enzymes Support Easy, Healthy Digestion†

\*\*\*A deficiency in B12 may result in megaloblastic or pernicious anemia. A 2000 study sponsored by the USDA found that B12 deficiency is becoming more prevalent in US society.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# VITAMIN CODE® HEALTHY BLOOD™

28mg GENTLE, NON-BINDING IRON

VITAMINS B & C PROMOTE  
IRON ABSORPTION†



60 VEGAN CAPSULES

WHOLE FOOD DIETARY SUPPLEMENT

**Suggested Use:** Adults take 2 capsules daily. May be taken with or without food. Capsules may be opened and contents may be added to water or raw juice. Not intended for children.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

|                                   | Amount Per Serving | % Daily Value |
|-----------------------------------|--------------------|---------------|
| Vitamin C*                        | 60 mg              | 100%          |
| Vitamin B6*                       | 5 mg               | 250%          |
| Folate*                           | 400 mcg            | 100%          |
| Vitamin B12* (as Methylcobalamin) | 45 mcg             | 750%          |
| Iron*                             | 28 mg              | 160%          |

**Trace Mineral Blend** 175 mg +  
RAW Organic Spirulina, RAW Organic Cracked-Wall Chlorella, Ancient Peat (Trace Minerals)

**RAW Organic Fruit & Vegetable Blend** 170 mg +  
Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

**RAW Probiotic & Enzyme Blend** 60 mg +  
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase, [*Lactobacillus bulgaricus*, *Lactobacillus plantarum*] (500 Million CFU), *Saccharomyces cerevisiae*

+ Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule), organic rice (hull).

\*To learn more about the **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to [www.gardenoflife.com](http://www.gardenoflife.com).

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**Keep out of reach of children.**

Store in a cool, dry place.

Do not use if safety seal is broken or missing. Contains no filler ingredients, artificial colors or preservatives.



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