

Menstrual Relief Hormone Balance®

is specially formulated for women who experience common mild symptoms associated with their monthly cycle.* This natural, plant-based formula supplies advanced nutritional support to address a wide range of female hormone-related issues.* This product covers three important areas:

Hormone Balance: Supports a healthy balance of female hormones.*

Menstrual Comfort: Helps to reduce symptoms associated with the menstrual cycle.*

‡ Delivers temporary relief of premenstrual and menstrual symptoms.*

Nourishing Herbs: Traditionally used to revitalize, strengthen and tonify the female body.*

Menstrual Relief Hormone Balance® can be used alone or in combination with our Women's Living Green Liquid-Gel Multi. While we suggest taking this product every day for maximum results, some women prefer to use it for two weeks prior to menses. We encourage you to find what works best for your body!

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

What makes us different:



Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.



Quality Assurance - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.



Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.



Patented BioPerine® - BioPerine® enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication, including hormone medications and birth control pills, or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

QUESTIONS: Call Consumer Affairs 1-800-297-3273
Weekdays 8:00 AM to 5:00 PM (PST)
Questions@IrwinNaturals.com

6059-LAB-06/13 IN037840 Ver. 2



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Menstrual Relief® Hormone Balance®



Helps to Ease Premenstrual
& Menstrual Symptoms.* Promotes
Balance Throughout a Woman's
Monthly Cycle.*

84 LIQUID SOFT-GELS
DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take three (3) Liquid Soft-Gels daily with a meal and a full glass of water.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels
Servings per Container: 28

	Amount per Serving	% Daily Value
Vitamin B6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Magnesium (as Magnesium Citrate)	25 mg	6%
Flax Seed oil	1200 mg	†
Pumpkin Seed oil	600 mg	†
Maca extract (4:1)(root)	300 mg	†
Shatavari (Asparagus racemosus) extract (4:1)(root)	300 mg	†
Dandelion extract (4:1)(root)	200 mg	†
Red Raspberry (Rubus idaeus) extract (4:1)(leaf)	200 mg	†
Chaste Tree extract (20:1)(0.5% agnusides)(fruit)	175 mg	†
DIM (Diindolylmethane)	108 mg	†
Rose (Rosa spp.) extract (10:1)(petal)	30 mg	†
BioPerine Complex BioPerine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(root)	6 mg	†

†Daily Value not established

Other ingredients: Gelatin, purified water, beeswax, soy lecithin, glycerin, silicon dioxide, Tomat-O-Red® 2% and titanium dioxide.

Contains: Soy

® BIOPERINE® is a registered trademark of Sabinsa Corporation.
Tomat-O-Red® is a registered trademark of Lycocel Corporation.

No preservatives added.

DISTRIBUTED, FORMULATED AND QUALITY TESTED by:
Irwin Naturals® 5310 Beethoven Street, Los Angeles, CA 90066

www.IrwinNaturals.com

To join our Wellness Club and receive tips on how to improve your health,
please visit us at www.IrwinNaturals.com/wellness1