

Solgar's Spirulina Tablets are free of yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Solgar's KOF-K certification #K-1250

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4
www.solgar.com

Since 1947
SPIRULINA
(PLANT PLANKTON)
750 mg

DIETARY SUPPLEMENT

100 TABLETS
SUITABLE FOR VEGETARIANS



Supplement Facts

Serving Size 4 Tablets
Servings Per Container 25

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	1 g	<1%*
Protein	2 g	4%*
Vitamin A † (as 100% beta-carotene)	10,000 IU	200%
Vitamin B12 †	5 mcg	83%
Iron †	4 mg	22%
Phosphorus †	26 mg	3%
Magnesium †	10 mg	3%
Sodium †	40 mg	2%
Potassium †	45 mg	1%
Spirulina	3 g (3,000 mg)	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Ingredients: Organic Spirulina Powder, Hawaiian Spirulina Powder, Vegetable Cellulose, Guar Gum, Vegetable Stearic Acid, Mannitol, Silica, Citric Acid, Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement for adults, take four (4) tablets daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children.

Spirulina is a microscopic plant organism made directly by the interaction of sunlight and water (Photosynthesis). It is a concentrated nutrient dense whole food including a complete array of nutrients.

† Naturally occurring in Spirulina.

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CAREFULLY MANUFACTURED BY:

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