

OTHER INGREDIENTS: Dextrose gelatin, glycerin, soy lecithin, white beeswax, purified water, soybean oil, titanium dioxide, FD&C yellow #5, FD&C Blue #1, and FD&C yellow #6.

Supplement Facts

Serving Size: 1 Softgel

Amount per Serving:		% Daily Value	% Daily Value (Pregnant & Lactating Women)
Vitamin C (as ascorbic acid)	90 mg	150%	150%
Vitamin D ₃ (as cholecalciferol)	230 IU	55%	55%
Vitamin E (as dl-alpha-tocopheryl acetate)	10 IU	33%	33%
Vitamin B6 (as pyridoxine HCl)	25 mg	1300%	1040%
Folate (as (5S)-5-methyltetrahydrofolate acid calcium salt (molar equivalent to 600 mcg of folic acid) and folic acid, USP 400 mcg)	1 mg	250%	125%
Vitamin B ₁₂ (as cyanocobalamin)	13 mcg	217%	163%
Biotin	280 mcg	93%	93%
Calcium (as calcium formate) Formica [®]	155 mg	16%	12%
Iron (as ferrous aspartate glycinate) Sunalta [®]	18 mg	100%	100%
Iodine (as potassium iodide)	150 mcg	100%	100%
Magnesium (as magnesium oxide)	50 mg	13%	11%
Docosahexaenoic Acid (DHA)	300 mg	†	†
Eicosapentaenoic Acid (EPA)	40 mg	†	†

† Daily Value (DV) not established.



Prenate Essential

Rx prenatal vitamin & DHA

• Key vitamins, minerals, and DHA support nutrition

Avion
PHARMACEUTICALS

75854-313-30

GLUTEN FREE
Rx Only
Dietary Supplement
30 Softgels

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

This product contains FD&C Yellow.

STORAGE: Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature.]

MANUFACTURED FOR:
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Alpharetta, Georgia 30022 1-888-61-AVION
Rev 0614

Lot #:
Exp:

