

LifeTIME

Kids' Magnesium Citrate

Unflavored Powder



DIETARY SUPPLEMENT · 4 OZ (113 G)

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one heaping 1/4 teaspoon (1.25 g) daily, mixed with a smoothie, juice, water, or a beverage of choice. Alternately, the product may be mixed in with yogurt, applesauce, oatmeal, or a favorite hot or cold food. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Heaping 1/4 Teaspoon (1.25 g)
Servings Per Container 90

	Amount Per Serving	% Daily Value	% DV 2-4 yrs
Magnesium (as Magnesium Citrate)	200 mg	50%	100%

Other Ingredients: None.

Discussion: LifeTime® Kids' Magnesium Citrate unflavored powder is intended to provide an additional source of magnesium to dietary sources. Magnesium is an important mineral for people of all ages and plays a role in many of the body's functions, including muscle and nerve function and healthy bone development.

Mfd. by NutraPure, Inc.

www.reachforlife.com

Comments or Questions:

LifeTime
Orem, UT 84057 USA
800-538-5888
www.lifetimevitamins.com

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