

Solgar's Vision Guard® Vegetable Capsules are free of yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

Solgar's Vision Guard® with Lutein may help maintain eyesight for later years, may help protect the eye from sunlight exposure and may help provide the lutein many diets lack.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

† Fully reacted chelates. Albion process patent No.'s 5,516,925 and 6,716,814

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4
www.solgar.com

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CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB
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**VISION
GUARD®***
WITH LUTEIN

DIETARY SUPPLEMENT
30 VEGETABLE CAPSULES
SUGAR AND SALT FREE

Supplement Facts
Serving Size 1 Vegetable Capsule

Amount Per Serving	%DV	Amount Per Serving	%DV
Total Carbohydrate.....	<1 g<1%*	Standardized Ginkgo.....	10 mg**
Vitamin A (as retinyl palmitate)	1000 IU.....20%	Biloba Extract (leaf)	
Vitamin C (as L-ascorbic acid)	200 mg333%	(ginkgo flavone glycosides	
Vitamin E.....	100 IU333%	2.4 mg [24%])	
(as D-alpha-tocopheryl succinate)		Lutein	6 mg**
Riboflavin.....	3 mg176%	(from marigold [flower])	
Niacin (as niacinamide).....	10 mg.....50%		
Zinc (as zinc citrate).....	5 mg.....33%		
Copper (as copper glycinate†).....	0.75 mg.....38%		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Silica.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule up to two (2) times daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

