

Best Biotin provides a substantial dose of the B-complex vitamin biotin, indispensable for the unique function of "biotinylation" that facilitates both energy and protein metabolism and healthy DNA activity. Clinical observations of biotin deficiency show its importance for the upkeep of healthy skin and hair, as well as for the immune and central nervous systems. Preliminary evidence also suggests that biotin can promote healthy nail renewal.*

Promotes healthy hair, skin, and nails*
Supports gene regulation & DNA integrity*
Supports essential enzyme functions*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Doctor's BEST[®]

**Science-Based
Nutrition[™]**

**Dietary
Supplement**

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Best Biotin

**PROMOTES HEALTHY HAIR,
SKIN, AND NAILS***

Vegan[™]

10,000 mcg / 120 Veggie Caps

Supplement Facts

Serving Size 1 capsule

Servings per container 120 servings

	Amount per serving	% Daily Value
Biotin	10,000 mcg	3,334%

Other Ingredients: Dicalcium phosphate, modified cellulose (vegetarian capsule), magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take 1 capsule daily, or as recommended by a nutritionally-informed physician.

Non-GMO and Gluten Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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