

#### Complete Cardio Heart & Cholesterol Health™

Many factors influence cardiovascular function and can create considerable challenges to maintaining optimal heart and blood vessel health.<sup>1</sup> This robust formula, in conjunction with a healthy diet and exercise program, can support heart function, help maintain healthy cholesterol levels<sup>1</sup> and protect the body from the oxidative effects of stress and aging.<sup>2</sup>

#### • Supports Heart and Vascular Function:

Powerful nutrients and botanical ingredients in this formula have been studied for their ability to promote healthy function of the heart muscle and vascular system.<sup>3</sup>

#### • Protects Against Oxidative Stress:

Antioxidants in this formula target free radicals in the vascular system, while B-vitamins support healthy homocysteine levels.<sup>4</sup>

#### • May Reduce the Risk of Heart Disease:

<sup>1</sup>Consuming 1300 mg of plant sterol esters daily, as part of a diet low in saturated fat and cholesterol, can help to maintain healthy cholesterol levels and may reduce the risk of heart disease. A daily serving of Complete Cardio Heart & Cholesterol Health™ supplies 1300 mg of plant sterol esters.

This all-in-one, comprehensive product combines key ingredients into one innovative formula to support overall cardiovascular health.<sup>5</sup>

QUESTIONS: Call Consumer Affairs 1-800-297-3273  
Weekdays 8:00 AM to 5:00 PM (PST)  
Questions@IrwinNaturals.com

<sup>1</sup>These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### What makes us different:



**Liquid Soft-Gels** - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.



**Quality Assurance** - Irwin Naturals™ is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.



**Global Responsibility** - Over the years we have donated to organizations that support the environment and the health of our children.



**Patented BioPerine®** - BioPerine® enhances the bioavailability, absorption and potency of many nutrients.<sup>6</sup>

**Usage Warnings:** Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**WARNING:** (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

<sup>5</sup>Diet & Exercise Program available online at [www.IrwinNaturals.com/deplan](http://www.IrwinNaturals.com/deplan)

3042-LAB-06/13 IM036841 V8



7 10363 56841 2



## Complete Cardio Heart & Cholesterol Health™

CoQ10 • Phytosterols • B-Vitamins



May Reduce the Risk  
of Heart Disease<sup>1</sup>

84 LIQUID SOFT-GELS  
DIETARY SUPPLEMENT

#### Full Disclosure Ingredient Panel

**DIRECTIONS:** (Adult) Take two (2) Liquid Soft-Gels twice a day with meals and a full glass of water.

## Supplement Facts

Serving Size: 2 Liquid Soft-Gels  
Servings per Container: 42

|                                                                                                                     | Amount per Serving | % Daily Value |
|---------------------------------------------------------------------------------------------------------------------|--------------------|---------------|
| Vitamin B6 (as Pyridoxine Hydrochloride)                                                                            | 20 mg              | 1000%         |
| Folic Acid                                                                                                          | 400 mcg            | 100%          |
| Vitamin B12 (as Cyanocobalamin)                                                                                     | 400 mcg            | 6667%         |
| Plant Sterol Esters                                                                                                 | 650 mg             | †             |
| Fish Oil (30% Omega-3 fatty acids)                                                                                  | 636 mg             | †             |
| Magnesium Citrate                                                                                                   | 200 mg             | †             |
| Hawthorn (Crataegus pinatifida extract (2% Vitexin 2"-O-Rhamnosides)(fruit)                                         | 150 mg             | †             |
| Pomegranate extract (5:1)(fruit)                                                                                    | 150 mg             | †             |
| L-Carnitine (as L-Carnitine Fumarate)                                                                               | 100 mg             | †             |
| Potassium Citrate                                                                                                   | 100 mg             | †             |
| CoQ10                                                                                                               | 30 mg              | †             |
| Ginger extract (5% gingerols)(root)                                                                                 | 10 mg              | †             |
| Policosanol (90% fatty alcohols)                                                                                    | 5 mg               | †             |
| BioPerine Complex<br>BioPerine® Black Pepper extract (95% piperine)<br>(fruit), Ginger extract (5% gingerols)(root) | 6 mg               | †             |

†Daily Value not established

Other Ingredients: Gelatin, purified water, soy lecithin, glycerin, beeswax, silicon dioxide, titanium dioxide, sodium copper chlorophyllin and turmeric.  
Contains: Fish (anchovy, sardine), Soy  
#BIOPERINE is a registered trademark of Sabinsa Corporation.  
No preservatives added.

DISTRIBUTED, FORMULATED and QUALITY TESTED by:  
Irwin Naturals® 5310 Berthoven Street, Los Angeles, CA 90066  
[www.IrwinNaturals.com](http://www.IrwinNaturals.com)

To join our Wellness Club and receive tips on how to improve your health, please visit us at [www.IrwinNaturals.com/wellness1](http://www.IrwinNaturals.com/wellness1)