

Nutrition Facts	
Serving Size : 1 Packet	
Serving per Container : 30	
Calories : 0	
Calories From Fat : 0	
Calories From Saturated Fat : 0	
Amount Per Serving	% Daily value*
Total Fat 1.5 g	2
Saturated Fat 0.5 g	3
Cholesterol 5 mg	2
Sodium 5 mg	1
Potassium 80 mg	2
Total Carbohydrate 1 g	1
Lycopene 600 mcg	
Fish Oil 1 g	
L Arginine 400 mg	
L Glutamine 20 mg	
Saw Palmetto Extract 320 mg	
Pumpkin Seed Oil 40 mg	
Pygeum Extract 10 mg	
Omega 3 Fatty Acids 300 mg	
Vitamin A 3500 IU	70
Vitamin C 90 mg	150
Vitamin D 1600 IU	400
Vitamin E 45 IU	150
Vitamin K 60 mcg	75
Thiamin (B1) 1.2 mg	80

Riboflavin (B2) 1.3 mg	76
Niacin (B3) 16 mg	80
Vitamin B6 7 mg	350
Folate,Folic Acid,Folacin 200 mcg	50
Vitamin B12 6 mcg	100
Biotin 40 mcg	13
Pantothenic acid 15 mg	150
Calcium 210 mg	21
Iron 8 mg	44
Phosphorus 20 mg	2
Iodine 150 mcg	100
Magnesium 100 mg	25
Zinc 26 mg	173
Selenium 100 mcg	143
Copper 0.9 mg	45
Manganese 2.3 mg	115
Chromium 35 mcg	29
Molybdenum 50 mcg	67
Chloride 72 mg	2
Nickel 5 mcg	
Tin 10 mcg	
Silicon 2 mg	
Vanadium 10 mcg	
Boron 150 mcg	
Calories 0 Calories	



- 30 day supply
- Gluten free
- Supports bone health and the immune system*

Formulated especially for men's health. Enteric coated fish oil supports heart health with fishy aftertaste.* Includes: Multivitamin/multimineral, fish oil, saw palmetto, vitamin D3, and L-arginine.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% satisfaction guaranteed with all Walgreens products or your money back.

As a dietary supplement for adults, take the contents of one packet daily with a full glass of water, after a meal. Store at room temperature (59°-86°F).

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Ingredients

Fish Body Oil , Calcium Carbonate , Dicalcium Phosphate , Gelatin , L Arginine HCl , Saw Palmetto , Microcrystalline Cellulose , Glycerin , Magnesium Oxide , Potassium Chloride , Ascorbic Acid , Croscarmellose Sodium , DL Alpha Tocopheryl Acetate , Zinc Sulfate , Stearic Acid , Yellow Beeswax , Pumpkin Seed Oil , L Glutamine , Ethylcellulose , Ferrous Fumarate , Polyvinyl Alcohol , Magnesium Stearate , Calcium Pantothenate , Niacinamide , Silicon Dioxide , Titanium Dioxide Color , Zinc Oxide , Hypromellose , Calcium Silicate , Talc , Pygeum Extract , Pyridoxine HCl , Caramel Color , Polyethylene Glycol , Medium Chain Triglycerides , Manganese Sulfate , Ammonium Hydroxide , Sodium Alginate , Propylene Glycol , Oleic Acid , Cupric Sulfate , Sodium Borate , Thiamine Mononitrate , Riboflavin , Vitamin A Acetate , Lycopene , FD&C Yellow 6 Aluminum Lake , Beta Carotene , Natural & Artificial Flavors , Natural Mixed Tocopherols , Chromium Picolinate , Sodium Selenate , Folic Acid , Potassium Iodide , Polysorbate 80 , Sodium Molybdate , Phytanadione , Cholecalciferol , FD&C Red 40 Aluminum Lake , Sodium Metasilicate , Biotin , Nickel Sulfate , Sodium Metavanadate , Stannous Chloride , Cyanocobalamin