



- Essential for well being
- Supports heart health
- Reduces the risk of birth defects!

Folic acid is part of the B vitamins and is essential for well being.* Folic acid helps support heart health.* Women who consume healthful diets with adequate folate may reduce their risk of having a child with birth defects of the brain or spinal cord. No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color or artificial flavor.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% satisfaction guaranteed

As a dietary supplement for adults, take one (1) tablet daily with the meal of your choice. Store at room temperature, tightly closed. .

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