

Ingredients

Cellulose (Plant Origin) , Dicalcium Phosphate , Contains <2% of : Cellulose Coating , Croscarmellose Gelatin , Maltodextrin , Ma
Vegetable Stearic Acid

Nutrition Facts

Serving Size : 1 Caplet

Serving per Container : 200

Amount Per Serving

% Daily value*

Choline Bitartrate 1 mg

Inositol 1 mg

PABA (Para-Aminobenzoic Acid) 1 mg

Vitamin C 500 mg 833

Vitamin E 30 IU 100

Thiamin (B1) 10 mg 667

Riboflavin (B2) 10 mg 588

Niacin (B3) 100 mg 500

Vitamin B6 5 mg 250

Folate, Folic Acid, Folaoin 400 mcg 100

Vitamin B12 12 mcg 200

Biotin 45 mcg 15

Pantothenic acid 20 mg 200

- Helps convert food into energy
- For normal functioning of nervous system
- Supports the immune system [more](#)

