

As a dietary supplement for adults, take one (1) softgel, three times daily with the meals of your choice. Store at room temperature, tightly closed.

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Ingredients

Gelatin , Glycerin

Nutrition Facts	
Serving Size : 1 Softgel	
Amount Per Serving	% Daily value*
Total Fat 1 g	2
Polyunsaturated fat 0.5 g ↓	*
Calories 10 calories	
Organic Flaxseed Oil 1000 mg Δ	
Calories from Fat - Calories 10 calories	
Omega-3 - Organic Flaxseed Oil 600 mg Δ	
Omega-6 - Organic Flaxseed Oil 100 mg †	
Omega-9 - Organic Flaxseed Oil 120 mg †	



Helps support healthy cardiovascular and immune system function.* No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor or sodium. This product uses the highest quality cold-pressed flax oil available. Laboratory tested to release nutrient within 15 minutes.

- Heart health*
- With 600 mg of omega-3

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.