Cinnamon Bark helps support a healthy glycemic balance by supporting healthy blood sugar metabolism.* Gaia Herbs uses dual extraction technology to deliver the broadest spectrum of herbal constituents: Solvent-free supercritical extraction which yields fat-soluble plant compounds, while water and alcohol extraction captures

water-soluble Phenolic compounds. Suggested Use

product quality.

Adults take 1 capsule 2 times daily after meals

Not to be used during preggancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle canned at all times and store in a cool dry place. Natural separation may occur. This does not affect



VALUE SIZE

Single Herbs

Cinnamon Bark

Helps maintain normal blood sugar*

meetvourherbs?

Supplement Facts Serving Size 1 Capsule Servings Per Container 120 Amount Per Serving Calories Proprietary Extract Blend 278 mat Cinnamon bark ▲, Cinnamon bark supercritical extract A [22.5 mg† total Phenols in combined extracts] †Daily Value not established

> Other ingredients: Vegetable glycerin, lecithin (non-GMO). water, and capsule (vegetable cellulose)

▲ = Organic Ingredient

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each capsule contains 850 mg dry herb equivalent.