

This formulation provides a natural, concentrated source of the essential Omega 3 fatty acids EPA and DHA from deep-sea, cold-water fish. EPA and DHA support cardiovascular, joint and immune health. The fish oil in this formulation is tested for optimum purity. It undergoes molecular distillation to remove mercury and other harmful contaminants.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com

©2011 Solgar, Inc.

SOLGB3831 02C



OMEGA 3 FISH OIL CONCENTRATE

PURIFIED TO ELIMINATE MERCURY &
OTHER CONTAMINANTS

GLUTEN, WHEAT & DAIRY FREE

120 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 60

Amount Per Serving		%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	1 g	***
Monounsaturated Fat	0.5 g	***
Cholesterol	15 mg	5%**
Fish Oil Concentrate	2000 mg	***
comprised of:		
Total Omega-3 Polyunsaturates†	600 mg	***
providing:		
EPA (eicosapentaenoic acid)	320 mg	***
DHA (docosahexaenoic acid)	200 mg	***

**Percent Daily Values (DV) are based on a
2,000 calorie diet

***Daily Value (DV) not established

SUGGESTED USE: As a dietary supplement for adults, take two (2) softgels three times daily, preferably at mealtimes, or as directed by a healthcare practitioner.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Mixed Tocopherols. Contains fish (anchovy, mackerel, sardine).

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

† As Natural Triglycerides

