

Supplement Facts

Serving Size: 1 1/4 tsp. (5 g)
Servings Per Container: 100

Amount Per Serving	% Daily Value
Creatine Monohydrate 5 g	*

* Daily Value not established.

SUGGESTED USE: As a dietary supplement, add 1 1/4 teaspoon daily to cold water or your favorite beverage.

While using a creatine supplement, be sure to consume ample amounts of water (ideally 120 oz. a day) to avoid dehydration.

DO NOT USE IF PREGNANT OR LACTATING. KEEP OUT OF THE REACH OF CHILDREN. Consult a physician prior to use if you have any medical conditions. Use only as directed.

Creatine Micronized is formulated for those that crave intensity, with 5 grams of the highest quality and purity form of creatine monohydrate, which can increase physical performance in successive bursts of short-term, high intensity exercise.*

Creatine Micronized is the choice of athletes and serious trainers worldwide not only because of its quality and benefits, but also because it mixes easily and can be used by itself or blended into shakes or other beverages.*

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION™

Manufactured & Distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75234 USA
(888) 334-LEAN / (214) 445-4864
DYMATIZE.COM



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DYMATIZE™
NUTRITION

CREATINE MICRONIZED

*Muscle Strength & Power**
*Muscle Hydrator & Volumizer**
Unflavored

**DIETARY
SUPPLEMENT**

NET WT 17.6 OZ (1.1 LBS) (500g)