

Solgar's Standardized • Full Potency (SFP) Herbs are developed through a unique process that integrates the ideologies of both traditional herbalism and standardized herbal technology. To ensure consistent and reliable phytonutrient levels, we isolate a controlled amount of these important active plant compounds. Then, we blend these enhanced, "standardized" compounds with all of the components that occur naturally in the whole raw herb. The result is a potent, premium-quality standardized herbal extract with all of the synergistic and beneficial qualities found in nature.

Solgar's Stinging Nettle Leaf Extract Vegetable Capsules are free of sugar, salt, corn, yeast, wheat, soy, gluten, dairy and animal products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4
www.solgar.com

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PHYTO₂X[®]
SYSTEM



Since 1947

STANDARDIZED • FULL POTENCY

STINGING NETTLE

LEAF EXTRACT

(*Urtica dioica*)

HERBAL SUPPLEMENT

60 VEGETABLE CAPSULES

SUITABLE FOR VEGETARIANS

Supplement Facts

Serving Size 1 Vegetable Capsule

Amount Per Serving		%DV
Calcium †	20 mg	2%
Iron †	0.5 mg	3%
Standardized Stinging Nettle Extract (leaf) (silicic acid 3 mg [1%])	275 mg	*
Raw Stinging Nettle Powder (leaf)	200 mg	*

*Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Microcrystalline Cellulose, **Phyto₂X[®]** Blend (L-ascorbic acid, natural beta-carotene).

SUGGESTED USE: As an herbal dietary supplement for adults, take one (1) vegetable

capsule up to three (3) times daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Phyto₂X[®] is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients.

† Naturally occurring, therefore amount may vary.

CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB
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