

Solgar Chewable Vitamin C Tablets deliver a daily dose of Vitamin C in a delicious new way, with only one gram of sugar per serving. Vitamin C is known as a powerful antioxidant, which plays a role in many areas of the body. Importantly, Vitamin C supports oral health by helping to maintain healthy teeth and gums.††

††These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Solgar's Chewable Vitamin C 500 mg Adult Chewable Tablets are free of yeast, wheat, soy and dairy and are formulated without the use of preservatives, artificial flavors or colors.

To assure freshness and potency, store at room temperature 15°-30°C (59°-86°F). Store away from heat, light and moisture.

Formulated for adults.

Keep out of reach of children.

† With other natural flavors.

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www.solgar.com

Only
1g of Sugar
per Serving

Since  1947

CHEWABLE VITAMIN C 500 mg

NATURAL CRAN-RASPBERRY

FLAVOR†

DIETARY SUPPLEMENT

90 CHEWABLE TABLETS

SUITABLE FOR VEGETARIANS

Supplement Facts

Serving Size 1 Chewable Tablet

Amount Per Tablet	%DV	
Calories	10	
Total Carbohydrate	2 g	<1%*
Sugars	1 g	**
Vitamin C (as L-ascorbic acid, sodium ascorbate, calcium ascorbate)	500 mg	833%
Sodium	30 mg	1%
Acerola Extract (fruit)	10 mg	**
Rose Hips (fruit)	4 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Sucrose, Fructose, Xylitol, Microcrystalline Cellulose, Natural Flavors, Red Beet (color), Vegetable Magnesium Stearate,

Silica, Xanthan Gum, Vegetable Stearic Acid, Carrageenan.

SUGGESTED USE: As a dietary supplement for adults, take one (1) chewable tablet daily, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4.

Carefully Manufactured By:
Solgar Vitamin and Herb
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ANTIOXIDANT

