

Suggested Usage: Take 2 level scoops (200 mg) daily, preferably with food.

NOW® Kelp delivers the natural nutrient profile found in **Genuine Whole Foods**.

Kelp is a large, leafy seaweed belonging to the brown algae family that grows in "forests" in the colder waters of the world's oceans. Kelp has been used for centuries as an important nutritious staple ingredient in Chinese, Japanese, and Korean cuisines. It is also an excellent source of iodine, which has been shown to be essential for healthy thyroid function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially thyroid medications), taking other iodine supplements, or have a medical condition (especially any thyroid disorder). Keep out of reach of children.

Natural color variation may occur in this product.

CODE 2676B V4



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Kelp

Pure Powder

Green Superfood

- Supports Healthy Thyroid Function*
- Rich in Natural Iodine

Net Wt. 8 oz. (227 g)

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Level Scoops (200 mg)
Servings Per Container about 1135

	Amount Per Serving	% Daily Value
Iodine	270 mcg	180%
Kelp (<i>Laminaria digitata</i> & <i>Ascophyllum nodosum</i>)	200 mg	†

† Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 61108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

