

Solgar's Standardized • Full Potency (SFP) Herbs are developed through a unique process that integrates the ideologies of both traditional herbalism and standardized herbal technology. To ensure consistent and reliable phytonutrient levels, we isolate a controlled amount of these important active plant compounds. Then, we blend these enhanced, "standardized" compounds with all of the components that occur naturally in the whole raw herb. The result is a potent, premium-quality standardized herbal extract with all of the synergistic and beneficial qualities found in nature.

Solgar's Ashwagandha Root Extract Vegetable Capsules are free of sugar, salt, yeast, wheat, soy, gluten, dairy and animal products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4
www.solgar.com

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PHYTO₂X[®]
SYSTEM



Since 1947

STANDARDIZED • FULL POTENCY

ASHWAGANDHA ROOT EXTRACT

(Withania somnifera)

HERBAL SUPPLEMENT

60 VEGETABLE CAPSULES

SUITABLE FOR VEGETARIANS

Supplement Facts

Serving Size 1 Vegetable Capsule

Amount Per Serving

Standardized Ashwagandha Extract (root) (withanolides 5 mg [1.5%])	300 mg*
Raw Ashwagandha Powder (root)	100 mg*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, **Phyto₂X[®]** Blend, (L-ascorbic acid, natural beta-carotene), Vegetable Magnesium Stearate.

SUGGESTED USE: As an herbal dietary supplement for adults, take one (1) vegetable capsule up to two (2) times daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children.

Phyto₂X[®] is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients.

CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB
LEONIA, NJ 07605 U.S.A.

