

Solgar's MSM (Methylsulfonylmethane) Tablets are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

To assure freshness and potency, store at room temperature 15°-30°C (59°-86°F). Store away from heat, light and moisture. Formulated for adults.
Keep out of reach of children.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Solgar's KOF-K certification #K-1250

Carefully Manufactured By:
Solgar Vitamin and Herb
Leonia, N.J. 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4.



MSM

(Methylsulfonylmethane)

1000 mg

DIETARY SUPPLEMENT

60 TABLETS

SUITABLE FOR VEGETARIANS
SUGAR, SALT AND STARCH FREE



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet

MSM	1 g (1000 mg)*
(as methylsulfonylmethane)	

*Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin, Vegetable Stearic Acid, Carnauba Wax.

SUGGESTED USE: As a dietary supplement for adults, take one (1) to two (2) tablets daily, preferably at mealtimes or as directed by a healthcare practitioner.

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www.solgar.com

For best results, take with 500 mg of Solgar's Vitamin C.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

OptiMSM™

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DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

