

Biotin supports the metabolism of carbohydrates, fats and proteins for energy use.* Ultra Strength Biotin is designed to provide ample amounts of this essential nutrient to maximize its benefits.* Biotin also helps to support healthy skin and hair.*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 51697 B51463 00A

NATURE'S BOUNTY

ULTRA STRENGTH

1 PER DAY
SOFTGEL

Biotin
10,000mcg

Promotes:

- ♦ **Carbohydrate, Fat & Protein Metabolism***
- ♦ **Hair, Skin & Nail Health***

RAPID RELEASE
LIQUID SOFTGEL



60 softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Biotin 10,000 mcg (as d-Biotin)	3,333%

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax, Titanium Dioxide Color.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
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