

Inositol is considered a B Factor related to the B Complex vitamins. It is a primary component of cellular membranes and plays an important role in healthy cell function.* It is also a component of lecithin

Carefully Manufactured by:
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SOLGB71449 01C



INOSITOL 500 MG

SUPPORTS CELLULAR FUNCTION*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



100 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Inositol	500 mg**
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****Daily Value not established**

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Silica.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule two to three times daily, preferably at meal-times, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

