

L-Carnitine is a dipeptide (formed from two amino acids) that provides support for endurance exercise and recovery from high intensity exercise. It is found in the mitochondria (powerhouses of cells) where it facilitates fat metabolism and energy production. L-Carnitine is also heart healthy, as the heart in particular is reliant on L-Carnitine for the production of energy from fat.

This formulation provides Free Form, Pharmaceutical Grade L-Carnitine to promote optimal absorption and assimilation. It also provides Pantothenic Acid, a key coenzyme involved in energy release from cells. Solgar offers these nutrients in a ready to use, great tasting, liquid delivery form. To reduce oxidation and preserve nutrient potency, the formula is filled under a nitrogen blanket.\*

Carefully Manufactured by:  
Solgar, Inc., 500 Willow Tree Road  
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SOLGB30721 01B



PHARMACEUTICAL GRADE  
**L-CARNITINE**  
**1500 MG**

FREE FORM  
SUPPORTS ENERGY & FAT METABOLISM\*  
PROMOTES EXERCISE RECOVERY\*

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGETARIANS

16 FL.OZ (473 ml)

NATURAL LEMON FLAVOR  
DIETARY SUPPLEMENT

**Supplement Facts**

**Serving Size: 1 Tablespoon (15 ml)**

**Servings Per Container: About 31**

| Amount Per Serving | %DV |
|--------------------|-----|
|--------------------|-----|

|                                            |      |
|--------------------------------------------|------|
| Pantothenic Acid 10 mg<br>(as dexpantenol) | 100% |
|--------------------------------------------|------|

|                                    |    |
|------------------------------------|----|
| L-Carnitine 1500 mg<br>(Free Form) | ** |
|------------------------------------|----|

**\*\*Daily Value (DV) not established**

Other Ingredients: Vegetable Glycerin, Purified Water, Citric Acid, Natural Lemon Flavor, Potassium Sorbate, Sodium Benzoate.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor, Sweetener and Color.**

**SUGGESTED USE: SHAKE WELL** before use. As a dietary supplement for adults, take one (1) tablespoon (15 ml) twice daily, preferably on an empty stomach or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if neck seal is missing, torn or damaged in any way.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

