Solgar's Standardized • Full Potency (SFP) Herbs are developed through a unique process that integrates the ideologies of both traditional herbalism and standardized herbal technology. To ensure consistent and reliable phytonutrient levels, we isolate a controlled amount of these important active plant compounds. Then, we blend these enhanced, "standardized" compounds with all of the components that occur naturally in the whole raw herb. The result is a potent, premium-quality standardized herbal extract with all of the synergistic and beneficial qualities found in nature.

Solgar's Goldenseal Root Complex Vegetable Capsules are free of sugar, salt, yeast, wheat, soy, gluten, dairy and animal products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59'-86'F (15'-30'C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING. TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4 www.solgar.com

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(H. canadensis, C. chinensis)

HERBAL SUPPLEMENT

60 VEGETABLE CAPSULES

Supplement Facts Serving Size 1 Vegetable Capsule

| Amount Per Serving | 27 TH | %DV |
|--|--------|------|
| Total Carbohydrate | <1 g | <1%* |
| Iron † | 0.6 mg | 3% |
| Standardized Goldenthread Extract (root) (total alkaloids 15 mg [10%]) | 150 mg | ** |
| Raw Goldenseal Powder (root) | 300 ma | ** |

* Percent Daily Values (DV) are based on a 2.000 calorie diet ** Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Microcrystalline Cellulose, PhytO2X® Blend (L-ascorbic acid, natural beta-carotene).

SUGGESTED USE: As an herbal dietary supplement for adults, take one (1) vegetable capsule up to three (3) times daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

PhytO2Xº is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients. † Naturally occurring; therefore amount may vary.

CAREFULLY MANUFACTURED BY: SOLGAR VITAMIN AND HERB 500 WILLOW TREE BOAD LEONIA, NJ 07605 U.S.A.



SUITABLE FOR VEGETARIANS