

SUGGESTED USE: As a dietary supplement for adults, take 0.5 ml (5 mg) or 1.0 ml (10 mg) at bedtime as Melatonin may produce drowsiness, or as directed by a healthcare practitioner. Calibrated dropper inside.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by: Solgar, Inc.

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LIQUID MELATONIN

10 MG (Per serving)

**NUTRITIONALLY SUPPORTS
SOUND SLEEP***

NATURAL BLACK CHERRY FLAVOR

**GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS**



2 FL.OZ. (59 ml)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1ml

Serving Per Container: 59

Amount Per Serving

Melatonin	10 mg**
(as n-Acetyl-5-Methoxytryptamine)	

****Daily Value not established**

Other Ingredients: Vegetable Glycerin, Water, Natural Black Carrot and Black Currant Concentrates (color), Citric Acid, Natural Black Cherry Flavor, Sodium Gluconate, Sodium Benzoate (preservative), Potassium Sorbate (preservative).

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast,
Sugar, Artificial Flavor and Sweetener.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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