

Natural Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. Vitamin E provides nutritional support for the cardiovascular system, skin, prostate, and the immune system. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides natural Vitamin E (as d-Alpha Tocopherol plus d-Beta, d-Delta and d-Gamma Tocopherols). It is offered in plant oil-based, vegetarian softgels to promote optimal absorption and assimilation.*

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.



For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com
©2010 Solgar, Inc.

SOLGB78182 00B



NATURAL VITAMIN E 1000 IU

d-ALPHA TOCOPHEROL
PLUS

d-BETA TOCOPHEROL, d-DELTA TOCOPHEROL
and d-GAMMA TOCOPHEROL

NATURAL ANTIOXIDANT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

100 VEGETARIAN SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
--------------------	-----

Calories	5
----------	---

Vitamin E	1000 IU	3333%
(as d-Alpha Tocopherol plus d-Beta, d-Delta and d-Gamma Tocopherols)		

DV= Daily Value

Other Ingredients: Modified Starch (from corn), Vegetable Glycerin, Carrageenan, Safflower Oil, Disodium Phosphate, Medium Chain Triglycerides, Soy Lecithin.

**FREE OF: Gluten, Wheat, Dairy, Yeast,
Sugar, Artificial Flavor, Sweetener,
Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetarian softgel daily, preferably with a meal, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

