CODE 707527

BMG

DAYS 1-2 CLEANSE DIRECTIONS: Shake well before serving. For use on days 1 and 2. Mix 4 fl. oz. of Liquid Cleanse with 4 fl. oz. cold water, drink slowly once daily.

LIQUID CLEANSE

Nutrition Facts

Serving Size 4 Fl. Oz. (118 mL)

Amount Per Serving					
Calories 60				Vitamin A	20%
Calories from Fat 0				Calcium	0%
	% Daily Value				
Total Fat 0g	0%†			Vitamin C	8%
Saturated Fat 0 g	0%†			Iron	8%
Trans Fat 0 g	*				
Sodium 15 mg	<1%				
Potassium 25 mg	<1%				
Total Carbohydrate 16 g	5%†				
Dietary Fiber 0 g	30%†				
Sugars 11 g	*				
Protein 0 g					

†Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

* Percent Daily Value not established.

INGREDIENTS: Purified Water, Fructose, Fiber Blend (Digestion Resistant Maltodextrin, Oat Fiber, Soybean Fiber, Brown Rice), Fruit and Veggies Blend (Pure Lemon Juice Concentrate, Coconut, Pomegranate Fruit Extract, Raspberry Juice Crystals, Bilberry Fruit Extract, Blueberry Fruit Extract, Elderberry Fruit Extract, Cherry Juice Crystals, Blueberry Fruit Extract, Cranberry Fruit Extract, Acerola Berry Extract, Cranberry Concentrate), Cleansing Blend (Aloe Vera Gel, Chlorella Algae, Japanese Seaweed Blend [Kombu, Wakame, Nori], Chicory Root, Jerusalem Artichoke Tuber, Licorice Root Extract, Astragalus Root, Barley Malt, Mung Bean, Soy Sprouts, Wheat Berry, Bouffara Root Extract, Barley Grass, Jasmine Tea Extract.

CONTAINS: Milk, Soybeans and Wheat.

DAYS 3-7 DETOX DIRECTIONS: As a dietary supplement, take the contents of one Herbal Cleansing Pack on days 3 – 7.

BLOOD CIRCULATION

Supplement Facts

Serving Size Two Red Capsules

Amount Per Serving		
Sarsaparilla Root Powder (*Smilax aristolochiifolia*)	350 mg	*
Butcher's Broom Root Powder (*Ruscus aculeatus*)	200 mg	*
Cayenne Pepper (*Capsicum frutescens*)	50 mg	*
Green Tea Leaf Extract (*Camellia sinensis*)	30 mg	*
Grape Seed Extract (*Vitis vinifera*)	25 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Carmine Color.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

LIVER CLEANSER

Supplement Facts

Serving Size Two Green Capsules

Amount Per Serving		
Picrorrhiza Root Extract (*Picrorrhiza kurroa*) (5% Picrosides = 20 mg)	400 mg	*
Milk Thistle Seed Extract (*Silybum marianum*) (40% Silymarin = 128 mg)	320 mg	*
Turmeric Root Extract (*Curcuma longa*) (95% Curcumin = 100 mg)	105.3 mg	*
Betaine (as Betaine Hydrochloride)	75 mg	*
N-Acetyl-Cysteine	50 mg	*
Proprietary Blend	50 mg	*
Dandelion Root Powder (*Taraxacum officinale*)		
Barberry Root Bark Powder (*Berberis vulgaris*)		
Burdock Root Powder (*Arctium lappa*)		
alpha-Lipoic Acid	10 mg	*
L-Methionine	100 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin, Stearic Acid Vegetable Source, Chlorophyllin.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

DAYS 3-7 DETOX DIRECTIONS: As a dietary supplement, mix one packet with 4-6 fl. oz. of cold water or juice.

CLEANSING FIBER SACHET

Supplement Facts

Serving Size One Packet (7.7 g)

Amount Per Serving		% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%†
Dietary Fiber	5 g	20%†
Sugars	1 g	

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sunfiber® Partially Hydrolyzed Guar Gum, Polyethylene.

Sunfiber®

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KIDNEY HEALTH

Supplement Facts

Serving Size Two Tan Capsules

Amount Per Serving		
Cranberry Fruit Powder (*Vaccinium macrocarpon*)	300 mg	*
Parsley Herb Powder (*Petroselinum crispum*)	100 mg	*
Uva Ursi Leaf Extract (*Arctostaphylos uva ursi*)	100 mg	*
Goldenseal Root Extract (*Hydrastis canadensis*) (3% Hydrastine = 3 mg)	100 mg	*
Juniper Berry Extract (*Juniperus communis*)	100 mg	*
Yellow Dock Root Powder (*Rumex crispus*)	75 mg	*
Dandelion Root Powder (*Taraxacum officinale*)	75 mg	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 2.5 mg)	50 mg	*
Marshmallow Root Powder (*Althaea officinalis*)	50 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Caramel Color.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

DAYS 8-14 RESTORE DIRECTIONS: As a dietary supplement, take the contents of one Herbal Restore Pack on days 8 – 14.

GASTRO CLEANSER FORMULA

Supplement Facts

Serving Size Two White Capsules

Amount Per Serving		
Fennel Seed Powder (*Foeniculum vulgare*)	250 mg	*
Artichoke Leaf Extract (*Cynara scolymus*) (3% Phenols = 2 mg)	100 mg	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 5 mg)	100 mg	*
Fenugreek Seed Extract (*Trigonella foenum-graecum*)	100 mg	*
Licorice Root Extract (*Glycyrrhiza glabra*)	70 mg	*
Papaya Leaf Extract (*Carica papaya*)	50 mg	*
Aloe vera Gel Extract	25 mg	*
Peppermint Leaf (*Mentha piperita*)	0.2 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Stearic Acid Vegetable Source, Titanium Dioxide (Natural Mineral Whitener).

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

TOTAL CLEANSER

Supplement Facts

Serving Size Three Yellow Capsules

Amount Per Serving		
Garlic Bulb Powder (*Allium sativum*)	700 mg	*
Clove Bud Powder (*Eugenia caryophyllata*)	300 mg	*
Pomegranate Fruit Extract (*Punica granatum*)	200 mg	*
Fructooligosaccharides (FOS)	200 mg	*
Turmeric Root Extract (*Curcuma longa*) (95% Curcumin = 150 mg)	157.9 mg	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 5 mg)	100 mg	*
Chamomile Flower Powder (*Matricaria recutita*)	75 mg	*
Licorice Root Powder (*Glycyrrhiza glabra*)	35 mg	*
Proprietary Blend	50 mg	*
Amla Fruit Extract (*Emblica officinalis*)		
Acai Berry Extract (*Euterpe oleracea*)		

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Riboflavin Color.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

DAYS 8-14 RESTORE DIRECTIONS: As a dietary supplement, take one capsule daily on days 8 – 14.

PROBIOTIC 12.5 BILLION

Supplement Facts

Serving Size One Capsule

Amount Per Serving	
L&M Probiotics	12.5 Billion Viable Cells
Lactobacillus acidophilus (CUL 60)	
Lactobacillus acidophilus (CUL 21)	
Bifidobacterium bifidum (CUL 20)	
Bifidobacterium lactis (CUL 34)	

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Silica, Magnesium Stearate, Titanium Dioxide (Natural Mineral Whitener).

CFU = Colony Forming Units per capsule.

ACTUAL SIZE

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is tested and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering an ironclad guarantee.

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NEW ENHANCED FORMULA

DETOX

Advanced Complete Body Cleansing

14-Day Program

DIETARY SUPPLEMENT

Advanced 3 stage cleanse that gently supports overall digestive health without fasting

- 1st Stage: Cleanse and purify with a liquid blend of herbs, fruits and vegetables that gently removes toxins*
- 2nd Stage: Detox with a natural herbal cleanse and clinically proven Sunfiber® to improve regularity*
- 3rd Stage: Restore with high potency probiotics that are clinically proven to reduce bloating and stomach discomfort*

2 - Liquid Cleanse 4 fl. oz. Bottles
5 - Cleansing Fiber Sachets
5 - Cleansing Herbal Packs
7 - Herbal Restore Packs
7 - 12.5 Billion Probiotic CFU Capsules

Advanced Complete Body Cleansing 14-Day Program

Advanced Complete Body Cleansing 14-Day Program is an advanced 3 stage program to cleanse the body of toxins, replenish the body's beneficial digestive bacteria and promote digestive health.

STEP 1 – CLEANSE: JUMPSTART LIQUID CLEANSE (Days 1 and 2)

The Advanced Complete Body Cleansing 14-Day Program begins with a 2-day liquid cleanse. Each serving of liquid cleanse provides 5 grams of fiber per serving to gently rid the body of toxins.*

STEP 2 – DETOX: FIBER AND CLEANSING HERBS (Days 3 through 7)

Continue the Advanced Complete Body Cleansing 14-Day Program with a 5-day regimen consisting of a Cleansing Proven Sunfiber® Sachet and a Cleansing Herbal Pack.

Each daily serving in the Cleansing Fiber Sachet cleanses the colon with 5 grams of fiber per serving, including 3 grams of clinically studied Sunfiber® proven to improve regularity.* Fiber is an essential part of a healthy diet and offers a variety of health benefits. It plays a critical role in the digestion process by serving as a bulking agent and aiding in intestinal transit time, providing relief from occasional constipation and helping to eliminate unwanted toxins from the body.*

Each daily Cleansing Herbal Pack supplies a Blood Circulation Formula, Liver Cleanser and Kidney Health Formula. Blended from popular herbs such as cayenne, goldenseal and milk thistle, this pack helps support liver function, kidney function and overall body cleansing.*

STEP 3 – RESTORE: PROBIOTIC AND HERBS RESTORATION (Days 8 through 14)

The final phase of the Advanced Complete Body Cleansing 14-Day Program is a 7-day restoration that consists of a probiotic capsule to help replenish healthy intestinal flora and a daily Herbal Restore Pack that features a specialized blend of herbs designed to help replenish the body's beneficial digestive bacteria and promote digestive health, and probiotic capsule to help replenish healthy intestinal flora.*

Each daily serving of probiotics delivers 12.5 billion live, active cultures of acidophilus and bifidobacterium. This clinically proven probiotic formula helps replenish healthy bacteria in the digestive tract.* Probiotics have been clinically shown to help reduce bloating and stomach discomfort, improve regularity, and promote overall healthy digestion and natural resistance.*

Each daily Herbal Restore Pack provides both a Gastro Cleanser Formula, featuring beneficial herbs such as artichoke and ginger, and a Total Cleanser Formula, which blends important herbs such as garlic and pomegranate. This specialty restorative component supports intestinal health and helps balance your rejuvenated system.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.