

Natural Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. Vitamin E provides nutritional support for the cardiovascular system, skin, prostate, and the immune system. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides natural Vitamin E (as d-Alpha Tocopherol plus d-Beta, d-Delta and d-Gamma Tocopherols). It is offered in plant oil-based, vegetarian softgels to promote optimal absorption and assimilation.*

Carefully Manufactured for:
Solgar, Inc.
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NATURAL
VITAMIN E
200 IU

d-ALPHA TOCOPHEROL
PLUS

d-BETA TOCOPHEROL, d-DELTA TOCOPHEROL
and d-GAMMA TOCOPHEROL

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

100 VEGETARIAN SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Calories	5
Vitamin E	200 IU 667%
(as d-Alpha Tocopherol plus d-Beta, d-Delta and d-Gamma Tocopherols)	

DV= Daily Value

Other Ingredients: Safflower Oil, Modified Starch (from corn), Vegetable Glycerin, Carrageenan, Disodium Phosphate, Medium Chain Triglycerides, Soy Lecithin.

**FREE OF: Gluten, Wheat, Dairy, Yeast,
Sugar, Artificial Flavor, Sweetener,
Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) to two (2) vegetarian softgels daily, preferably with meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

