

Vitamin C is an essential, water-soluble vitamin which must be obtained through diet or supplementation. It is one of the most potent antioxidant nutrients and plays an essential role in the functioning of white blood cells, which are vital components of the immune system. Additionally, it aids in collagen (connective tissue) formation, which is important for healthy nails, skin, hair and joints. Vitamin C promotes respiratory and circulatory health and is beneficial for healthy gums. This formulation provides pure Vitamin C along with Rose Hips fruit.*

Carefully Manufactured by:
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SOLGB72340 01C



VITAMIN C 250 MG WITH ROSE HIPS

ANTIOXIDANT SUPPORT*
IMMUNE SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

100 TABLETS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
Vitamin C	250 mg 417%
Rose Hips (fruit)	50 mg **

**Daily Value (DV) not established

Other Ingredients: L-Ascorbic Acid, Micro-crystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet one to two times daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

