

Since **SOLGAR®** 1947

OMNIUM®

PHYTONUTRIENT COMPLEX
MULTIPLE VITAMIN
AND MINERAL FORMULA
DIETARY SUPPLEMENT
60 TABLETS
SUITABLE FOR VEGETARIANS
GLUTEN, WHEAT & DAIRY FREE



CAREFULLY MANUFACTURED BY: **SOLGAR, INC.**
500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as natural beta-carotene).....	15,000 IU300%	Magnesium (as magnesium ascorbate, glycinate amino acid chelate†, oxide).....	37 mg9%	Broccoli Cruciferous Extract.....	50 mg *
Vitamin C (from Ester-C® as calcium, magnesium, zinc ascorbates).....	300 mg500%	Zinc (as glycinate amino acid chelate†, zinc ascorbate).....	15 mg100%	Phosphatidylserine Complex.....	50 mg *
Vitamin D (as ergocalciferol).....	200 IU50%	Selenium (as L-selenomethionine).....	70 mcg100%	Phosphatidylserine 10 mg [20%].....	50 mg *
Vitamin E (as d-alpha tocopheryl succinate).....	300 IU1000%	Copper (as glycinate amino acid chelate†).....	1.5 mg75%	N-Acetyl-L-Cysteine.....	50 mg *
Vitamin K (as phytonadione).....	20 mcg25%	Manganese (as glycinate amino acid chelate†).....	2 mg100%	Citrus Bioflavonoid Complex.....	50 mg *
Thiamin (as thiamin mononitrate).....	30 mg2000%	Chromium (as chromium picolinate).....	100 mcg83%	Polyphenols.....	20 mg *
Riboflavin.....	35 mg2059%	Molybdenum (as glycinate amino acid chelate†).....	50 mcg67%	(from green tea [leaf], grape seed and pine bark extracts)	
Niacin (as niacinamide, niacin).....	60 mg300%	Sodium††.....	10 mg<1%	Alpha-Lipoic Acid.....	10 mg *
Vitamin B6 (as pyridoxine HCl).....	50 mg2500%	Potassium (as potassium glycine complex).....	10 mg<1%	Coenzyme Q-10.....	10 mg *
Folic Acid.....	400 mcg100%	Choline (as choline bitartrate).....	75 mg *	Quercetin.....	10 mg *
Vitamin B12 (as cobalamin).....	100 mcg1667%	Inositol.....	75 mg *	D-Limonene (from citrus).....	5 mg *
Biotin (as D-biotin).....	100 mcg33%	Soy Germ Extract†††.....	50 mg *	Co-Carboxylase.....	1 mg *
Pantothenic Acid.....	80 mg800%	Standardized Turmeric Extract.....	50 mg *	Riboflavin-5-Phosphate.....	1 mg *
(as D-Ca pantothenate).....		(curcuminoids 46.5 mg [93%])		Cardenoid Mix.....	172 mcg *
Calcium (as calcium ascorbate, glycinate amino acid chelate†).....	37 mg4%			(alpha and beta-carotene, lutein, zeaxanthin, cryptoxanthin)	
Iron (as iron bisglycinate chelate†).....	9 mg50%			Nickel (as nickel sulfate).....	5 mg *
Iodine (as potassium iodide).....	150 mcg100%			Vanadium (as vanadyl sulfate).....	5 mcg *
				Boron.....	0.5 mg *
				(as boron amino acid complex†)	

*Daily Value (DV) not established

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† US patent No. 6,706,904 and 6,716,814 licensed by Abbot International, Inc.
†† Naturally occurring.

††† Not Genetically Modified. Soy from Nature®

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Not intended for use by pregnant or nursing women. If you are taking any medications, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if inner seal is missing or damaged.

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Other ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Glycerin, Stearic Acid, Croscarmellose, Vegetable Cellulose, Titanium Dioxide Color, Maltodextrin, Hydroxypropyl Methylcellulose, Vegetable Cellulose, Stearic Acid, Croscarmellose, Vegetable Cellulose, Titanium Dioxide Color, Maltodextrin, Hydroxypropyl Methylcellulose.

FREE OF: Gluten, Wheat, Dairy, Sugar, Artificial Flavor and Preservatives.