

L-Glutamine is a major fuel source for intestinal, immune, and brain cells. It also comprises nearly 60% of the body's total amino acid muscle pool. L-Glutamine regulates nitrogen transport to and from muscle tissue, thereby promoting amino acid balance. This formulation provides Free Form L-Glutamine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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L-GLUTAMINE 500 MG

NATURAL MUSCLE FOOD*
PROMOTES GI HEALTH*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



50 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Vegetable Capsules

Servings Per Container: 16

Amount Per Serving

L- Glutamine	1500 mg**
(Free Form)	

****Daily Value not established**

Other Ingredients: Vegetable Cellulose,
Microcrystalline Cellulose, Vegetable Magnesium
Stearate, Vegetable Stearic Acid.

FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take three (3) vegetable capsules up to three times daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

