

Zinc promotes healthy skin, hair and nails, supports normal taste and vision, and promotes the synthesis of collagen in bone tissue. It also supports cell growth and DNA formation. It exerts antioxidant activity and can support a healthy immune system. The citrate form of zinc in this formulation helps to promote optimal absorption.*

Carefully Manufactured by:
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SOLGB73670 00B



ZINC CITRATE 30 MG

ANTIOXIDANT, SKIN &
IMMUNE SYSTEM SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



100 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Zinc (as zinc citrate)	30 mg	200%

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Magnesium
Stearate, Vegetable Stearic Acid.

**FREE OF: Gluten, Wheat, Dairy,
Soy, Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives and
Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

