

Iron is an important component of hemoglobin, the protein that carries oxygen from the lungs to all tissues of the body and promotes iron rich blood. Iron promotes normal red blood cell production and supports energy utilization. This formulation provides an advanced, patented form of iron which is non-constipating and gentle on the stomach.*

† A unique form of chelated iron (iron bisglycinate) formulated for maximum absorption without gastrointestinal irritation or the constipating effects that often accompany iron supplementation. Ferrochel™ Albion process patent No.'s. 5,516,925 and 6,716,814

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

©2010 Solgar, Inc.

SOLGB71249 00B



GENTLE IRON® (IRON BISGLYCINATE) 25 MG

NON-CONSTIPATING

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



90 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Servings Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Iron 25 mg (as iron bisglycinate†)	139%

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Magnesium
Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

