

Solgar's Gelatin Capsules are free of yeast, wheat, soy, dairy products and gluten and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com



NATURAL
GELATIN
WITH
CALCIUM CARBONATE
DIETARY SUPPLEMENT
100 CAPSULES
SUGAR AND STARCH FREE

Supplement Facts

Serving Size 3 Capsules
Servings Per Container About 33

Amount Per Serving	%DV
Calcium 25 mg (as calcium carbonate)	3%
Sodium † 10 mg	<1%
Gelatin 1,680 mg	*

*Daily Value (DV) not established.

Other Ingredients: Vegetable Magnesium Stearate, Vegetable Cellulose.

SUGGESTED USE: As a dietary supplement for adults, take three (3) capsules daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

† Naturally occurring; therefore amount may vary.

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CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.

