

Carefully Manufactured for:
Solgar, Inc.
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SOLGB44606 03D



A pleasant tasting concentrated source
of phosphatidylcholine, phosphatidylino-
sitol and essential unsaturated fatty acids.

This product is packed by weight not volume;
therefore settling will occur.

Due to the natural variation of the raw material, color
and appearance may vary from batch to batch.

SOLGAR®
Since 1947
**SOYA
LECITHIN
GRANULES**

OBTAINED FROM NON-GMO SOYBEANS
NUTRITIONAL SUPPLEMENT
WHICH MAY BE USED WITH DAILY DIET

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGETARIANS

NET WT. 8 oz. (227g)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (Approx. 7.5 g)
Servings Per Container: about 30

Amount Per Serving		%DV
Calories	40	
Calories from Fat	35	
Total Fat	4 g	6%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	2.5 g	**
Monounsaturated Fat	0.5 g	**
Total Carbohydrate	<1 g	<1%*
Calcium	10 mg	1%
Phosphorus	225 mg	23%
Potassium	90 mg	3%
Non-GMO Soy Lecithin	7,500 mg (7.5 g)	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet

**Daily Value (DV) not established

Ingredient: Soya Lecithin
Granules.

SUGGESTED USE: As a dietary
supplement for adults, take
one (1) scoop up to two
times daily, preferably with
a meal, or as directed by a
healthcare practitioner.

FREE OF: Gluten, Wheat,
Dairy, Yeast, Sugar, Sodium,
Artificial Flavor, Sweetener,
Preservatives and Color.

If you are pregnant, nursing, taking any
medications or have any medical condition,
please consult your healthcare practitioner
before taking any dietary supplement.
Discontinue use and consult your healthcare
practitioner if any adverse reactions occur.
Keep out of reach of children. Store at room
temperature. Do not use if seal under lid is
missing or damaged.