

Solgar's Soya Lecithin Softgels are unbleached, free of corn, yeast, wheat, and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture. DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com

NEW
HIGHER
POTENCY



NATURAL SOYA
LECITHIN
1360 mg
UNBLEACHED

DIETARY SUPPLEMENT

100 SOFTGELS
SUGAR, SALT AND STARCH FREE

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%DV	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Phosphorus (from lecithin)	24 mg	2%
Soya Lecithin	1,360 mg	**
Choline (from lecithin)	18 mg	**
Inositol (from lecithin)	16 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel daily, preferably at mealtime. May take up to six (6) softgels distributed throughout the day or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children.

