

L-Carnitine is a dipeptide made up of two other essential amino acids: L-Methionine and L-Lysine. It supports energy and fat metabolism, and is found naturally in cells which use fat for energy. This formulation provides Free Form L-Carnitine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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SOLGB70560 01B



L-CARNITINE 250 MG

FREE FORM

SUPPORTS ENERGY & FAT METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Vegetable Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
L-Carnitine (Free Form)	500 mg	**

****Daily Value (DV) not established**

Other Ingredients: Vegetable Cellulose,
Vegetable Stearic Acid, Microcrystalline
Cellulose, Silica, Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy,
Soy, Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary supplement for adults, take two (2) vegetable capsules four times daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

