

**Grow Bone System Suggested Use:** Adults take 4 capsules of **RAW Calcium™** daily. For best results take 2 capsules with breakfast and 2 capsules with lunch. Take 3 capsules of **Growth Factor S** in the evening on an empty stomach. These two products are not meant to be taken at the same time of day. Capsules may be opened and contents added to water or juice. For complete details, see booklet inside **Grow Bone System** or visit [www.GrowBone.com](http://www.GrowBone.com)

## Vitamin Code® RAW Calcium™ Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 30

|                                                | Amount Per Serving | % Daily Value |
|------------------------------------------------|--------------------|---------------|
| Vitamin C*                                     | 50 mg              | 80%           |
| Vitamin D* (as D3)                             | 1,600 IU           | 400%          |
| Vitamin K* (as K2 MK-7)                        | 100 mcg            | 130%          |
| Calcium (naturally occurring from Algae)       | 756 mg             | 80%           |
| Magnesium**                                    | 386 mg             | 100%          |
| Strontium (naturally occurring from Algae)     | 3.8 mg             | +             |
| Boron*                                         | 3 mg               | +             |
| Silica (naturally occurring from Algae)        | 2.2 mg             | +             |
| Vanadium (naturally occurring from Algae)      | 68 mcg             | +             |
| <b>RAW Organic Fruit &amp; Vegetable Blend</b> | 360 mg             | +             |

Organic Apple (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Cauliflower (flower & stem), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

**RAW Probiotic & Enzyme Blend** 64 mg +  
Lipase (65 FPI), Protease (74 HUT), Aspergillopepsin (4 SAPI), beta-Glucanase (from Cellulase) (1 BGLU), Cellulase (69 CU), Bromelain (21 ASU), Phytase (2 FTU), Lactase (57 ALU), Papain (26,667 PU), Pepsinase (81 HUT), Pectinase (2 endo-PGU), Xylanase (16 XU), Hemicellulase (71 HCU), *Lactobacillus plantarum*, *Lactobacillus bulgaricus* (800 Million CFU), *Saccharomyces cerevisiae*

\* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice hull.

\*\* Magnesium from Algae and Dead Sea Minerals.

\* To learn more about **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to [www.gardenoflife.com](http://www.gardenoflife.com)

**AlgaeCal RAW™** – a raw, certified organic, whole food marine algae complex containing 73 naturally occurring minerals and trace elements. **AlgaeCal RAW™** is a trademark of AlgaeCal Distribution Inc. US and International patents pending.

## Vitamin Code® Growth Factor S Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Amount Per Serving | % Daily Value |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------|
| <b>Growth Factor S Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 2 g*               |               |
| Strontium Citrate, Strontium** (680 mg of Elemental Strontium)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                    |               |
| <b>RAW Organic Fruit &amp; Vegetable Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 75 mg +            |               |
| Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk) |                    |               |
| <b>Growth Factor S Probiotic &amp; Enzyme Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 12 mg*             |               |
| <i>Lactobacillus bulgaricus</i> , <i>Lactobacillus plantarum</i> (500 Million CFU), <i>Saccharomyces cerevisiae</i> , Lipase (4 FPI), Protease (29 HUT), Cellulase (3 CU), Bromelain (857 PU), Lactase (2 ALU), Papain (1,067 PU), Pepsinase (6 HUT), Xylanase (1 XU), Hemicellulase (3 HCU)                                                                                                                                                                                                                                                                                                                 |                    |               |

\* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice hull.

**CAUTION:** This dietary supplement is for normal age related bone loss. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you have or suspect you may have osteoporosis, osteoarthritis or other medical conditions.

**NOT FOR CHILDREN, PREGNANT OR NURSING MOTHERS.**

**Keep out of reach of children.**  
Store in a cool, dry place.  
Do not use if safety seal is broken or missing.  
Contains no filler ingredients, artificial colors, or preservatives.

Distributed by Garden of Life LLC  
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[www.gardenoflife.com](http://www.gardenoflife.com)  
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## GROW BONE TWO-PART CLINICALLY STUDIED SYSTEM

In a six month randomized, open label human clinical study, 176 healthy men and women aged 18 to 85 consumed the ingredients in the **Vitamin Code® Growth Factor S**, along with a healthy eating plan and walking program, and experienced a significant increase in bone mineral density as evidenced by comparing their before and after DEXA scans.\*

The **Grow Bone System** is based upon the formula that was used in this clinical study. It is made up of two comprehensive, bone-building† formulas, **Vitamin Code® RAW Calcium™** and **Growth Factor S. RAW Calcium™** is a unique RAW, vegetarian, whole food, plant Calcium formula. **Growth Factor S** contains 680mg of elemental Strontium, a critical bone-building trace mineral.\* By combining these two formulations, the ingredients in the **Grow Bone System** have been clinically studied and shown to stimulate bone growth.†

For more information, see inside booklet or visit [www.GrowBone.com](http://www.GrowBone.com)

\* Regular exercise and a healthy diet with enough Calcium and Vitamin D helps you maintain good bone health and may reduce the risk of osteoporosis later in life.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**RAW** WHAT RAW MEANS  
No high heat, synthetic binders, fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets.

**NON-GMO VERIFIED**  
Independent, third party verification.

**WHOLE FOOD**  
RAW Food-Created Nutrients™ are blended in a base of organically grown fruits and vegetables together with food cofactors.

**VITAMIN ANGELS**  
THANK YOU! By purchasing this Vitamin Code® product, you are helping us pay the nutrition forward to children and their parents at risk of malnutrition and disease.

[www.GardenOfLife.com/VitaminAngels](http://www.GardenOfLife.com/VitaminAngels)

## VITAMIN CODE®

RAW WHOLE FOOD SUPPLEMENT

LIVE PROBIOTICS & ENZYMES

24 ORGANICALLY GROWN FRUITS & VEGGIES

NO BINDERS OR FILLERS



## VITAMIN CODE® GROW BONE SYSTEM S Y S T E M

CLINICALLY STUDIED BONE GROWTH REGIMEN†

RAW WHOLE FOOD **PLANT CALCIUM PLUS**  
680mg ELEMENTAL STRONTIUM  
INCREASE BONE MINERAL DENSITY†

WHOLE FOOD DIETARY SUPPLEMENT  
30 DAY SUPPLY  
120 VEGETARIAN CAPSULES • GROWTH FACTOR S  
90 VEGETARIAN CAPSULES



## GROW BONE SYSTEM

**Vitamin Code® RAW Calcium™** and **Growth Factor S**, are two comprehensive formulas clinically studied to work together to stimulate bone growth.†

### VITAMIN CODE® RAW CALCIUM™

- The First RAW Whole Food Plant Calcium Formula
- 1,600 IU Vitamin D3, RAW MK-7, Magnesium, Boron
- Free from Crushed Rock, Limestone, Chalk or Animal Bones

### VITAMIN CODE® GROWTH FACTOR S

- 680mg of Elemental Strontium – A Critical Bone-Building Trace Mineral†

Go beyond bone strength† with the clinically studied **Vitamin Code® Grow Bone System**.  
[www.GrowBone.com](http://www.GrowBone.com)