

Potassium is an essential mineral needed by the body. It is found naturally in foods like green leafy vegetables, sunflower seeds, potatoes and bananas. It is vital for muscle activity. As an important electrolyte, it regulates nerve signals from the brain and spinal column to muscles, thus promoting healthy neuromuscular function. It also promotes proper fluid balance in the body and helps to attract nutrients into cells.*

Carefully Manufactured by:
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SOLGB72260 00B



POTASSIUM

NERVE & MUSCLE HEALTH*
PROMOTES
ELECTROLYTE BALANCE*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



250 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		%DV
Potassium	99 mg	3%
(as potassium gluconate)		

DV = Daily Value

Other Ingredients: Dicalcium Phosphate, Silica, Vegetable Cellulose, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily, preferably at meal-time, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

