

L-Carnitine is a dipeptide made up of two other essential amino acids: L-Methionine and L-Lysine. It supports energy and fat metabolism, and is found naturally in cells which use fat for energy. This formulation provides Free Form L-Carnitine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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SOLGB70560 01B



L-CARNITINE 250 MG

FREE FORM
SUPPORTS ENERGY & FAT METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



30 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 15

Amount Per Serving	%DV
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Vitamin B6	5 mg	250%
(as pyridoxine HCl)		

L-Carnitine	500 mg	**
(Free Form)		

**Daily Value (DV) not established

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid, Microcrystalline Cellulose, Silica, Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement for adults, take two (2) vegetable capsules four times daily, between meals, or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

