

Manganese promotes bone health and plays a role in joint health. Manganese-containing enzymes are needed for healthy cartilage production. Manganese also nourishes nerves and works with Super Oxide Dismutase (SOD) to function as an antioxidant in cells. This formulation provides a patented form of chelated manganese.*

† US Patent No.'s 6,706,904 and 6,716,814 licensed by Albion International, Inc.

Carefully Manufactured by:
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CHELATED MANGANESE

SUPPORTS BONE, JOINT
& NERVE HEALTH*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



100 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		%DV
Manganese	8 mg	400%
(as manganese glycinate amino acid chelate†)		

DV = Daily Value

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification # K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

