

Calcium is an essential mineral needed every day for proper health. 99% of the body's calcium can be found in the bones and teeth. This product contains a patented chelated form of calcium along with calcium carbonate. Calcium provides the building blocks that help keep bones and teeth strong and healthy. In addition, calcium helps to support the health of the musculoskeletal and nervous systems.*

Adequate Calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

†US Patent No.'s 6,706,904 and 6,716,814 licensed by Albion International, Inc.

Carefully Manufactured by:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com
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SOLGB70600 02C



CHELATED CALCIUM

PROMOTES HEALTHY BONES*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

250 TABLETS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 6 Tablets

Servings Per Container: 41

Amount Per Serving		%DV
Calcium	1000 mg	100%
(as calcium glycinate amino acid chelate†, calcium carbonate)		

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Citric Acid, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take six (6) tablets daily, preferably with a meal. May be distributed throughout the day, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

